

Week 11
March 10

Congrats on a great full show run this past Saturday! A big thank you to the parents who helped us on and off the floor!

With your performance, you had an overall score of 70.1 with a 6.36 point jump from home show. We still have a lot of work to do, and this weekend is our show at Hatboro-Horsham.

Students - you have "homework" uploaded in Canvas under Assignments. Take a look at the video, listen to the judges' tapes, and respond with your feedback. Please try to do this before Tuesday's rehearsal if you can!

Rehearsal this week:

Tuesday (3/11) in East's aux gym from 6:45 - 9:00.

Thursday (3/13) in **EAST's Main gym** from 6:45 - 9:00. **This is a change from the original schedule. Gym time has opened up so we are going to take advantage of it 😊

Saturday (3/15) Competition Day @ Hatboro Horsham

3/8 Hatboro Horsham Competition:

10:00-12:00 Rehearsal East Main gym

12:00 End rehearsal, pack up, load trailer

12:55 Leave East

1:30 Arrive @ HH, unload trailer

2:25 Be Ready By

2:30 - 2:50 Stretching, mental run-through

3:03 Body WU

3:11 Equipment WU

3:27 Perform

5:28 Awards

6:15/6:30 Return to East

[Link for group performance times for the whole day](#)

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Reminders of things to bring:

-Uniform!

-A pair of shoes that are easy to take on and off. You'll be wearing shoes to warm-ups and taking them off before we perform.

-A change of clothes for post-performance.

Food:

Make sure you bring something to eat throughout the day to keep your energy up. The bus ride to HH could be a good time to eat. You won't have too much time to relax and eat once we get to HH. After we perform, you can get something at concessions or whatever you brought with you.

For Parents:

Our class is Independent Regional A and we perform at 3:27! Our competitor is right after us.

If you would like to drive your child early home instead of taking the bus, please find myself or Aaryn at the competition to confirm they are leaving with you.

Ticket Information - \$15 for adults and \$12 for students / seniors.

We have enough hands this week already signed up to help us at HH - thank you to those that have signed up!

Reach out with any questions. See you tomorrow!

~ The CB Indoor Guard Staff